

Beatrice Allegranti Dance Theatre



At this time when global societies are forced to face the psychological, social and economic impact of COVID-19, we are confronted with how we can re-engage with loss, vulnerability, care, collaboration and our physical environment. Our new everyday lives brings into sharp focus the potential for unity through a collective and creative act rather than definition through diagnostic label, since we are all impacted by any kind of 'diagnosis' regardless of whether we are the person living with it or not. Beatrice Allegranti Dance Theatre's current artistic work across our short film *Bella Ciao*, *Moving Kinship Online* digital performances and *I Can't Find Myself* virtual screenings reaches towards an ethics of engagement based on inclusivity. This newsletter offers a glimpse of the embodied antidotes that we have found in this work.

Bella Ciao

The Italian song *Bella Ciao* is a lite-motif throughout Beatrice Allegranti's production ***I've Lost You Only To Discover That I Have Gone Missing*** and stems from our work with people experiencing rare young onset dementia. The work underscores social values of non-discrimination, equality in creative expression and, solidarity. Please share with young onset dementia community in particular. We would like to hear your views about this short film and what it prompts you think about or to feel. We'd appreciate your taking the time to complete a 1 minute survey - link directly under the video.

Watch #bellaciao:

<https://youtu.be/drApaR4JMko>

Newsletter in Lockdown May 2020

Moving Kinship Online

We've moved our Hubs online and are creating personalised digital performances for diverse groups of people living with rare young onset dementia and their families. In particular, we welcome BAME and LGBTQ+ families. Based on your lived experiences and stories, enjoy a personalised digital performance in the safety of your own home.

Contact for more information and if you would like to take part:

beatriceallegrantidancetheatre@gmail.com

I Can't Find Myself Virtual Screenings

Made in 2015, this dance film is informed directly by fieldwork interviews with dementia care networks (lay and professional carers) and people living with dementia. It is now a touring international resource for enhancing kinaesthetic communication, i.e. how we relate through the sense of movement. This is crucial where people's cognitive faculties are impaired within/in dementia relationships, since meaning making through language as we 'know it' is changed and challenged.

Contact:

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if you are an organisation who would like to host a virtual screening or if you are directly affected by rare young onset dementia and would like a virtual family screening. Screenings are accompanied by audience discussion.

Watch the trailer for *I Can't Find Myself*:

https://youtu.be/KnJp_-h4jtQ

Read a feature article in ***Therapy Today Journal*** about how the dance film can be used as an embodied psychotherapeutic resource in dementia care:

<https://www.bacp.co.uk/bacp-journals/therapy-today/2016/march-2016/dementia-and-embodied-psychotherapy/>

Download full article & visit photo gallery:

<http://www.beatriceallegranti.com/portfolio/i-cant-find-myself-2015/>